Central Sleep Apnea or Complex Sleep Apnea

Policy References: Local Coverage Determination Respiratory Assist Device (RAD) (L33800) and Policy Article (A52512)

Documentation References: Standard Documentation Requirements Policy Article (PA) A55426

Central Sleep Apnea (CSA) or Complex Sleep Apnea (CompSA)

For a Respiratory Assist Device (RAD) to be covered, the treating clinician must complete the following items:

- Conduct and document a Face-to-Face Evaluation (FTF)
- Complete a 5 Element Order (5EO)
- Sign and date a detailed written order (DWO)
- Medical record documentation requirements (see below)

The treating clinician must fully document in the patient’s medical record symptoms characteristic of sleep-associated hypoventilation, such as daytime hyper-somnolence, excessive fatigue, morning headache, cognitive dysfunction, dyspnea, etc.

Prior to initiating therapy, a complete facility-based, attended polysomnogram (PSG) must be performed documenting both of the following:

- The diagnosis of CSA or CompSA
- Significant improvement of the sleep-associated hypoventilation with the use of a RAD device on the settings that will be prescribed for initial use at home, while breathing the beneficiary’s prescribed FIO2

Medical record requirements after the first 90-days of RAD therapy

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